



COCOON  
— MEDICAL SPA —



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Rejuvenate your body from the inside out with innovative new therapies that detoxify and cleanse. Experience total relaxation in our beautiful spa sanctuary whilst your body is transformed using holistic treatments by our qualified team. Our cutting-edge therapies can help with weight loss and skin problems to reveal a happier, healthier you.



## AESTHETIC AND ANTI-AGEING

### DIAMOND MICRODERMABRASION

30 mins / USD 120++

Slough away dead skin cells, reduce the size of pores, improve the appearance of sun damage, wrinkles, fine lines, age spots, acne scarring and other skin-related concerns. The advanced Diamond Microdermabrasion system renews overall skin tone and texture, and is strong enough to clear and exfoliate but gentle enough for the most sensitive of skins. This minimally invasive procedure increases blood flow and helps to produce collagen.

### OXYGEN THERAPY

30 mins / USD 80++

Overcome jet lag, boost energy levels, increase concentration, mental function and overall health. Oxygen is a source of life and this therapy delivers pure oxygen to the blood cells to counter fatigue, dissolve headaches, ease hangovers and alleviate sinusitis. Additional benefits include alertness, relief from stress, and a sense of renewed relaxation. Practicing oxygen therapy energises all muscles, calms the heart rate, lowers blood pressure, boosts resistance to disease, lifts mood and improves sleep. Long-term use of oxygen therapy helps detoxify the body and boost the immune system.

This therapy is a perfect add-on while having Vitamin IV infusion.

## AESTHETIC FACIAL TREATMENTS

### CLEOPATRA 24 CARAT GOLD AND COLLAGEN FACIAL

90 mins / USD 200++

Diamond Microdermabrasion • LED Light therapy • 24-Carat Gold-Leaf Mask • Gold Hyaluronic Acid Serum • Gold Collagen Moisturiser

Described as the 'queen' of luxury facials, this experience combines three results-driven treatments to improve skin elasticity, reverse cell damage, increase blood circulation and regenerate natural collagen.

The diamond microdermabrasion prepares the skin by exfoliating dead skin cells and increasing blood flow to support collagen production. The LED (light-emitting diode) Light Therapy delivers deep stimulation to the skin and improves natural collagen levels. The nourishing 24-Carat Gold-Leaf Mask and Gold Collagen Moisturiser coupled with the application of Gold Hyaluronic Acid stimulates the skin's natural collagen production. The end result is a reduction in the appearance of wrinkles and fine lines, revealing luminous glowing skin.

# AESTHETIC FACIAL TREATMENTS

## SILK PEEL DERMAL INFUSION

90 mins / USD 280++

Diamond Microdermabrasion • Galvanic Iontophoresis • LED Light Therapy • Gold Collagen Mask • Gold Hyaluronic Acid Serum • Gold Collagen Moisturiser

Reveal a truly luminous holiday glow through non-invasive exfoliation and the application of skin-specific topical solutions to revitalise your skin.

The Diamond Microdermabrasion deep cleans by buffing away clogged pores and removing the outermost layers of dry, dead skin in preparation for the Galvanic Iontophoresis which applies serum directly into the deeper layers of the skin for hydration. The LED Light Therapy and Gold Collagen Moisturiser leave skin glowing, hydrated and radiant.

## MESO-NEEDLING FACIAL

120 mins / USD 380++

Diamond Microdermabrasion • Dermapen Micro-needling • LED Light Therapy

Achieve smoother and younger-looking skin with this rejuvenating facial treatment that penetrates deep into the skin treating fine lines and wrinkles, improving texture and colour and stimulating collagen growth.

The Dermapen's multiple, vibrating needles pierce the skin several hundred times per minute to enhance results. The deeply hydrating LED Light Therapy promotes additional collagen production.

## MARINE BRIGHTENING FACIAL

90 mins / USD 250++

A pick-me-up brightening facial that clears impurities and deeply hydrates the skin. The treatment consists of:

- Deep Clean
- High Frequency
- LED Light Therapy
- Facial Massage
- Algae Peel Off Mask
- Gold Hyaluronic Acid Moisturiser
- Steam Extraction
- Sunscreen

Cocoon's signature facial rejuvenates skin and visibly reduces imperfections. This facial is perfect for congested skin with blackheads and whiteheads caused by pollution or stress. After a deep cleanse and facial massage, clogged pores are manually extracted under a steamer. The high frequency and LED light therapy calms skin and has antibacterial properties to prevent future breakouts. An algae peel-off mask further extracts any remaining impurities. Once the skin is thoroughly cleansed, hydrating serum and moisturiser are applied to stimulate the growth of new skin cells promoting a smoother, tighter and brighter complexion.

All prices are subject to 10% service charge and 12% GST.

# WELLNESS, DETOX AND BODY CONTOURING

## COLON HYDROTHERAPY

60 mins / USD 150++

Do you suffer from bloating, constipation, tiredness, fatigue, indigestion, headaches, or nausea? These are all symptoms of an underactive and clogged bowel. With our modern lifestyles and unhealthy diets, our digestive systems have a tendency to become sluggish, affecting the elimination of waste which can lead to problems such as constipation, IBS, extreme fatigue and premature aging.

Colon hydrotherapy is ideal for cleansing the colon, flushing out impacted matter, toxic wastes, yeasts and other undesirables that build up over time. In doing so, your internal system is instantly hydrated increasing bowel motility and improving nutrient absorption, as well as replacing gut bacteria, contributing to liver, blood and kidney cleansing, raising energy levels, managing the symptoms of IBS and restoring bowel regularity.

Cocoon Medical Spa uses a closed system for colon hydrotherapy. The treatment is gentle and involves your expert therapist massaging your stomach. It is relaxing and you will feel completely cleansed after the treatment.

## VELASHAPE FAT BLAST

1 area / USD 190++ • 2 areas / USD 300++ • 3 areas / USD 450++

This is a fast, safe and effective weight-loss solution offering a harmonious blend of the latest scientific technologies to remove stubborn fat that diet and exercise alone are unable to shift. This treatment reduces cellulite, shapes and firms the skin resulting in a reduction of body fat from abdomen, hips, thighs, and arm areas. The advanced treatment works by using a combination of technologies, including cavitation and radio frequency to target and destroy fat cells, while normal body tissue remains unaffected. Once fat cells are broken down, they are naturally removed through the body's normal elimination process. Expect results with just one session.

Results will be more effective and longer lasting with a pure and healthy diet and regular exercise.

- Eliminate stubborn fat
- Reshape "problem" areas
- Perfect for those last pockets of fat that diet and exercise alone simply cannot move
- No downtime: the fat blaster is a walk-in, walk-out procedure and you may resume your normal routine the same day

# WELLNESS, DETOX AND BODY CONTOURING

## VITAMIN IV INFUSIONS

A mixture of vitamins and minerals are administered intravenously while you relax. This treatment boosts immune system, improves energy, and alleviates hormonal problems and hangovers.

- Saline – for rehydration
- Vitamin C – 5000mg – for skin brightening and improving immune system
- Neurobion – for anemia
- Vitamin B Complex – to increase energy
- Tationil – for detoxification

## JET-LAG HYDRATION

60 mins / USD 190++

Do not let a long flight ruin your holiday with tiredness and sleepless nights. A therapeutic cocktail of high-dose Vitamin C and saline will reboot your system.

## DETOX AND RECHARGE

60 mins / USD 230++

Similar to the famous Myers Cocktail from Johns Hopkins, Vitamins C and B Complex, Neurobion and Glutathione detoxify the liver, improve your immune system and provide a much-needed energy boost.

## ANTI-AGEING

60 mins / USD 280++

The ultimate combination of vitamins and minerals bring back youthful skin: Vitamin B Complex, Glutathione, and the miracle skin ingredient Alpha-Lipoic Acid with collagen and Vitamin C.

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